

Park Lane Patient Participation Group (PPG)

Park Lane surgery

Minutes of the meeting held Thursday 5th December 2024

Attendees

Louis Wood
Janet Dean
Caroline Fairhall
Alan Twaite
Helena Church
Neil Roberts
Sylvia Soar

Apologies

Ann Hallsworth
Sue Gaskin
Ged Potter
Richard Talaska
Maggie Higginbotham
Paula Smith – new member
Christine Hill
Gurdip Gill
Michael Flude

1. Agree minutes of previous meeting held 12th September 2024 and confirm outstanding matters
 - a) Names & room number on monitor, calling patients - increasing length of time – Louis has implemented.
 - b) Checking in machine is to be replaced imminently. Louis chased the engineers last Friday the 6th of December. It is being replaced by a machine that had to have all the memory wiped and a recycled 'new', more cost-effective system installed, which works with current practice system.
 - c) Health monitor – the surgery has received a refund. It has not yet been decided locally, whether to replace it or not.
 - d) Newsletter – this will be sent out early in 2025 – Janet, Paula, and Louis to have a meeting to discuss. It was thought that "Pharmacy First" could be the first profile to cover. It was discussed that timeline checks could be added and also vaccination information.
 - e) Ged Potter has confirmed he would post any leaflets in various locked notice boards in Allestree. Sylvia informed that the process is: place the item to be displayed in an envelope addressed to Ged Potter and given in to the Post Office at Park Farm as Ged visits on a Thursday to collect any envelopes addressed to him.

The minutes of the meeting held 12th September 2024 were then agreed to be a true reflection.

2. Practice update – Louis Wood

Julia is leaving to go to a GP practice closer to her home.

Paula Hume – promoted to Assistant Practice Manager. Congratulations recorded.

Call back on phone lines – Louis asked if it was working well. Alan Twaite and Sylvia Soar had both used it and it had worked well.

Midwifery Services – as Gerri, the current midwife, is retiring, the Practice has

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made the decision not to replace her and use the space for nurse appointments, medical students etc. Park Lane was the only practice offering midwifery care. Patients will now be directed to the Mackworth Family Hub.

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PPG Meeting **Practice Update**

Thursday 5th December 2024

TOPIC	NOTES
Staff Update	Julia Paula
Phone Lines – Call back Function	Call back function has now been in operation, feedback / opinions?
Midwifery Services	Currently have a midwife within practice on a Thursday Gerri, our midwife is retiring so decision re room space has been made
Flu / COVID figures	Flu vaccines - 1433 vaccines given here (46.5%) - 3080 done total COVID - 957 vaccines given here (47.3%) - 2021 done total
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3. Covid / flu clinics – Louis was grateful to the PPG for their support again this year. The numbers of patients receiving vaccinations is shown in his Practice update.

4. Brainstorm ideas for workshops.

The following ideas were raised

Podiatry: Alice Wharham, a very good podiatrist works in NHS podiatry unit and works at Sporting Joint. Concerns re. patients not understanding who is treating them, e.g., there are foot health personnel, who have minimal training, even for using scalpels, not having the knowledge of looking out for ulcers as an example. The importance of podiatry was discussed, and Neil advised that 1% of total budget was spent on diabetics with poor feet, which emphasised the importance.

Diabetes control: Neil also informed the group that NHS England are giving patients a new type of “shake drink” which is part of a Diamond Study and Dawn Study. Injection weight loss is also helping diabetics to relieve their symptoms (blood pressure etc) when weight loss has occurred. Neil to keep the group informed of updates. Neil to send link to Janet for putting onto the PPG What’s App group.

Living well with pain - Chronic Pain Management: Derby County Community Trust to possibly deliver. Possibly our physio to attend re. the 6 most common injuries to joints. Discussion re. pain clinics, run by anaesthetists.

Active Ageing – Daisy Giuliano, the DCC Active Ageing Activator.

Daisy is happy (and would like to!) run a workshop for patients on ageing well. The session would focus on enabling a conversation with attendees about what happens to our bodies as we age and how living an active life can help people continue to do the things that are important to them. Daisy is also exploring two other challenges – the impact stopping driving has on people’s routines and how people who are struggling to physically leave their homes, might be able to.

Bowel Cancer awareness to be included in the Newsletter, e.g., that you can request test at any time.

Prostate Cancer – Louis advised that this was a difficult one to call as false positives can easily be found in blood tests. It is better to target a particular group of patients. Black Afro/Caribbean men are in the danger area. Also, many older men will contract it as it is an older person’s disease and not necessarily hereditary. Janet shared the misgivings for a workshop expressed by Dr. Nicholls initially and more recently by Dr Kay. The danger of worrying the well, as opposed to the most at risk group, is a factor in this discussion.

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The Primary Care Network (PCN) supported a targeted campaign, directly marketing prostate testing to Black Males, 45-70 and White Males with a family history and 27% were tested. Janet & Louis were told about this by Saleem Naqwi, PCN Coordinator. Louis to ask for more details, possible lead for workshop. Discussion then made us think that perhaps we ought to be doing this workshop, with appropriate lead to actually get across the good news---you are unlikely to get prostate cancer that affects you drastically/needing treatment. Suggestion that we combined with the Rugby club to do this.

Stay Safe, Warm and Healthy: is going to held again next year. It was more successful this year as it was earlier in the year. Next year will be similar to last year. Suggestion that someone to help people apply for Pension credit might be included. Janet to enquire of Neighbourhood Officer.

Gambling: Is this worth looking into? Carers may notice that the person they are looking after is becoming addicted to it. Or anyone else?

5. Active Ageing Activator – Daisy Giuliano. Daisy works for the Move More team for Derby City Council as the 'Active Ageing Activator'. This means she is working on what education, opportunities and tools people need to become and continue to live active lives as they age. She is focused on this as we know the positive impact being active can have on people being able to do the things that are important for them as long as possible. Daisy is passionate about ageing well and can run workshops on this topic, plus specific issues. The group agreed that it would be a good idea to have her at the AGM and that it would be better to hold the AGM before Daisy's workshop, so they are entirely separate and will not conflict. So, the AGM would be held at 6:30pm on Thursday 13th March 2025 followed by Daisy at 7pm (Janet to confirm her availability). The group discussed the timing issue of later evenings (sunset 18.01 on 13th March 2025). Janet to discuss with Daisy.
6. Janet & Louis shared their experience of The new network of PPG's meeting held 12th Nov 2024 – Derwent Valley Practice in Spondon. Initiated at the last meeting of GPs and Practice Managers, Dr Davidson in attendance as the PCN Clinical Lead. On 12th Nov. Louis presented to the group how the PPG in this practice was working. Apparently not all practices have a PPG. Janet advised the meeting was useful as there was an openness to communicate and share ideas. Some practices did not have a PPG and other PPG's fund raised or were not sure the direction they should be heading. Saleem Naqwi is the PCN manager, based at Vernon Street and he is responsible for the distribution of funding for the 96,000 patients under his area. Janet advised that an information sharing hub has been set up a WhatsApp group. Members will add helpful info to the Whats app group and include events taking place at the hospital, their own activities. Paula to be invited to join WhatsApp group, and Louis, Paula and Janet will copy off appropriate events posters and place onto the PPG Noticeboard, together with informing the group.

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7. AOB Helena Church advised Louis there was a problem with the system regarding checking medical reviews, re. they were able to access what was possibly an appointment. Louis explained system of medication review and said he would investigate, as they should not be accessible to patients. Group felt essentially that such reviews should not be called 'appointments', called reviews, even though their status was high, equal to that of an appointment.

The meeting finished at 20.30

The next meetings will be:

the AGM on 13th March 2025: 6-30pm, followed by workshop at 7pm

12th June 2025 6-30pm

11th September 2025 6-30pm

4th December 2025 6-30pm