Park Lane Surgery

## **BLOOD TESTS**

# WE HAVE LIMITED AVAILABILITY OF APPOINTMENTS FOR BLOOD TESTS HERE AT THE SURGERY, BUT THEY CAN ALSO BE DONE AT:

London Road Community	Monday – Friday	7.00 am – 4.15pm
Hospital – Clinic F	No appointment necessary	
London Road	,	
Derby DE1 2OY		
, Royal Derby Hospital	Monday – Friday	8.30am – 4.15pm
Uttoxeter Road	No appointment necessary	
Derby DE22 3NE		
Belper Clinic	Monday – Friday	8.00am – 12.15am
Babington Hospital	No appointment necessary	
Belper Road	unless Glucose Tolerance Test	
Belper		
Derby DE56 1WH		
Children's Hospital	Out patients at children's Dept.	9.00am – 5.00pm
Royal Derby Hospital	Monday – Friday	
Uttoxeter Road	By appointment only –	
Derby DE22 3NE	Telephone 01332 785821	
	After 10am	
NHS Walk-in-Centre	Adult Service	
Entrance C	No appointment required	
Osmaston Road	Weds, Thurs, Fri	4.00pm – 7.00pm
Derby	Saturday & Sunday	8.00am – 12.00pm
	Children's Service	
	(over 2 years)	
	Appointment only –	
	0300 100 0438	1.00pm – 7.00pm
	Monday	8.00am – 10.30am
	Tuesday	

Park Lane Surgery

### **BLOOD TESTS**

We only have a limited availability of appointments for blood tests here at the surgery. Please see overleaf for local clinics where they can be done, often with no appointment necessary.

The doctor or nurse has advised you to have a blood test. If this a **FASTING BLOOD TEST** (usually a fasting glucose, glucose tolerance tests or cholesterol test), **they will have told you.** 

#### PROCEDURE FOR FASTING BLOOD TEST

You should have nothing to eat or drink, (other than plain/unflavoured water) for at least 12 hours before the test (this includes chewing gum & sucking sweets).

If you are on regular medication, which you can put off taking before your test, then please do so. However, if this is not possible, please advise the person taking the blood test of the medication so that it can be recorded on the form.

Generally non fasting bloods do not need any specific instructions, unless the doctor or nurse tells you otherwise.

#### **BLOOD TEST RESULTS**

If you have signed up for our SMS text messaging service, the doctor may send a message with your results. If you haven't yet signed up for SMS and the doctor wishes to arrange an appointment, the reception team will contact you.

If you would like to discuss your results and have not heard anything, please contact reception.