

Organisation Leads

Lead	Name and role
Safeguarding Children lead	Dr Gillian Davidson
Safeguarding Adult lead	Dr Marta Turner
Deputy safeguarding lead	Dr Isobel Parkes
PREVENT lead	Dr Isobel Parkes
Safeguarding administration lead	Louis Wood / Paula Hume

The team will ensure that you receive the appropriate level of support.

Contact Numbers

If you are the victim of abuse or know someone who is, please report it. Here are some numbers below that can help

Organisation	Telephone Number
Social Care Derby City	01332 641172 - Careline
NSPCC	0800 1111
Police Child Abuse Investigation Unit	Local Authority Duty Number: 01332 641172 Police: 0345 123 3333 or in an emergency 999 Derby and Derbyshire C.A.R.E.S: 07714 614563

External Support for Victims

There are several organisations that provide specific support. Some of the main charities include:

Action for Children
<https://www.actionforchildren.org.uk/>

Citizens Advice
<https://www.citizensadvice.org.uk/>

Crimestoppers
<https://crimestoppers-uk.org/>

Justice & Care
<https://justiceandcare.org/what-we-do/>

Karma Nirvana
<https://karmanirvana.org.uk/>

Mind
<https://www.mind.org.uk/information-support/guides-to-support-and-services/abuse/>

Rape Crisis
<https://rapecrisis.org.uk/>

Refuge
<https://refuge.org.uk/>

Salvation Army
<https://www.salvationarmy.org.uk/domestic-abuse>

The Survivors Trust
<https://www.thesurvivorstrust.org/>

Women's Aid
<https://www.womensaid.org.uk/>

NSPCC
<https://www.nspcc.org.uk/>

National Autism Society
<https://www.autism.org.uk/our-schools/helen-allison/about-us/safeguarding-quick-links>

Park Lane Surgery

Safeguarding
Children
Young People
&
Adults



What to do

If you are being abused, know of someone who is being abused or think someone may be at risk, it is important that you inform the right people.

We want to reassure you that the people who you talk to will take your concerns seriously and can provide support, guidance and take action to ensure the safety of everyone.

Please speak to a member of staff who will help you get the help you need. All our staff are trained in confidentiality and safeguarding.

We will support you.

What is Safeguarding?

This is defined as protecting people's health, wellbeing and human rights, enabling them to live free from harm, abuse, and neglect. It is fundamental to high-quality health and social care.

Adult at Risk

This is a person aged 18 or over in need of care and support, or someone already receiving care and support and, as a result, is unable to protect himself/herself from harm, abuse or neglect.

Child or Young Person

This is any person, male or female, under the age of 18 in need of care and support, or someone already receiving care and support and, as a result, is **unable** to protect himself/herself from harm, abuse or neglect.

Types of Abuse

There are many types of abuse such as:

Type	Examples
Physical	Hitting, biting, shaking, pushing
Sexual	Any sexual contact which is non-consensual
Emotional	Humiliation, intimidation, verbal abuse
Neglect	Ignoring or refusing basic care needs
Self-neglect	Inability to care for oneself
Discriminatory	Values, beliefs or culture results in a misuse of power
Institutional	Misuse of power and lack of respect by professionals, poor practice
Financial	Use of an individual's funds without consent or authorisation
Modern slavery	Includes human trafficking, servitude and forced labour

These are just some examples of how people can be abused or neglected through actions directed towards them that cause harm, endanger them or violate their rights.

Who can Abuse?

Abuse can occur anywhere such as at home, in a care setting, hospital, college, school, in public places. It could be from:

- Family members or friends
- Other patients or those at risk
- Young people
- Care workers or volunteers
- Professionals
- Strangers

Do not delay. If you suspect or know that someone is at risk of harm, abuse or neglect, report it immediately!

Safeguarding is the responsibility of everybody

Website

www.parklanesurgeryallestree.co.uk

Email

ddicb.parklanesurgery@nhs.net

OPENING TIMES

Mon: 8:00am to 6:30pm

Tue: 8:00am to 6:30pm

Wed: 8:00am to 6:30pm

Thu: 8:00am to 6:30pm

Fri: 8:00am to 6:30pm

Sat: Closed

Sun: Closed