

Park Lane Participation Group

Park Lane Surgery

Minutes of the Meeting held 2nd March 2023

Present

Louis Wood
Caroline Fairhall
Janet Dean
Helena Church
Sylvia Soar
Christine Hill
Michael Flude
Neil Roberts
Peter Ralph,
Darley Community First Responder

Apologies

Alan Twaite
Ged Potter
Maggie Higginbotham
Sue Gaskin
Gillian Reading
Paula Hume
Ann Hallsworth

1 - The minutes of the meeting held 8th December were agreed to be an accurate reflection (October monthly talk should read "Stay Safe, Warm and Healthy")
Agreed by all

2 - Darley Community First Responder Unit – Peter Ralph
Janet introduced Peter Ralph to the group.

Peter is part of a First Response Unit of 6 Community First Responders plus other community members (Treasurer, Secretary, fund generation, social media etc.), which is in operation alongside the Ambulance Service. They are volunteers and are on call for 200 hours a year. After having successfully completed the EMAS (East Midland Ambulance Service) training course and relevant DBS (Disclosure and Barring Service) checks, are mentored, co-work until ready to work solo. Experienced CFRs have ongoing training, updates on equipment etc. To kit out a CFR costs nearly £2,000, with EMAS supplying further equipment, dressings, disposables etc. Each responder has an individual pack of life saving equipment, including a defibrillator. (Peter showed us his kit). It is hoped that "catastrophic bleed kits" will be included soon at the cost of a further £150, to both their kits and to the 24/7 Defibrillator Cabinets. The money for these kits does not come from the NHS; it is from grants, donations and fundraising. All the equipment they hold in their pack has to be regularly checked to ensure they are using the same model as the NHS and it is all within date. They have an app on their phone which will be activated if they are the nearest person to the incident, after a 999 call. They will be able to be at the scene of the incident before the Ambulance and able to give lifesaving first aid.

There is a current EMAS pilot with Allestree (to include Darley) and in Rutland to test SMART Phone Responders. It is of course hoped that this will mean that ~~recruit~~ more Community First Responders can be recruited. The pilot will start in May after volunteers have received the training. After 6 months, at the end of the year, if it has

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been successful, it will be rolled out into Derby City. This is a unique trial hoping to reach the wider community, as more people are needed.

Rolls Royce along with other employers are very supportive of their staff being Community First Responders and on call during working hours.

It has been noted that a high proportion of calls during the night are from people who have had a fall and are unable to get up. Currently only ambulance staff should deal with this type of incident. It is hoped that the CFRs will be able to take these calls and have the correct equipment (a type of chair) to deal with falls, therefore freeing the Ambulances to deal with life threatening emergencies.

More defibrillators are required to give as much coverage as possible. These have to be installed correctly with their own power supply to keep the device warm. There are many defibrillators inside offices, shops etc. and one initiative being undertaken by EMAS and the CFRs is to map where these are and encourage more to be for community use.

Park Lane surgery has been a strong supporter right from the start of the Defibrillator/CFR initiative; Dr Parkes wrote in the publicity for raising the initial defibrillator funds, and then wrote on behalf of the practice for the initial recruitment campaign for CFRs.

3 – Practice Update.

Staff Update - Retiring Members

Liz – Advanced Nurse Practitioner – already left.

As a result of Liz leaving the practise, this has put extra pressure on the doctors as she was able to take a number of appointments.

Carolyn – Practise Nurse – leaves end of March

(Janet said she would send goodbye card to Liz, present and card for Carolyn and a welcome card to Kate, on behalf of the PPG)

Nurse Replacement

- Catherine (Kate McKeowen)
- 6th March
- Respiratory Nurse
- Same days as Carolyn
- Restarting Spirometry – diagnostic for asthma

ANP Replacement

- 2 rounds of advertising
 - None suitable
- However currently considering the appointment of a 'Returning GP'

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Waiting Room

- New BP (Blood Pressure) machine funded by the PCN Primary Care Network
- Date unknown but has been agreed – within 6 months and this will then link into the system so the results will go directly on your records.

Covid Spring Boosters

Unsure who at the moment

Category:

- 75 +
- immuno-suppressed
- Housebound / Care homes

Tuesday Evening appointments 6:30 to 8pm

These have been working well

We discussed the difficulty patients were experiencing with the 8am telephone call to make an appointment for the same day.

Louis was not aware how difficult it was to get through to a receptionist or the IT tricks that bypass the system. Louis was going to do a 'trial' to work out what is happening and how this might be alleviated, to make sure it is fair.

Discussion started about how we educate people that not everyone has to ring at 8am, that routine appointments/clinics are available at other times.

4 – Agenda for AGM to be held 20th April 2023.

Peter Ralph agreed he and other CFRs would be the main part of the AGM. This would comprise a short introduction to their role and then show attendees how to use a defibrillator, do CPR.

Louis will advertise using the screen, website, notice boards, and Drs & practitioners promoting attendance giving flyers. PPG Chair and members to promote, circulate info.

FYI: the original idea of PPG AGMs was that there was a 'prominent speaker' or a speaker on a 'prominent topic', which would attract a number of patients and carers. Some of the topics chosen in the past have meant a 'full' waiting room. This was then a chance to find more volunteers for the PPG. Hope is that this AGM will be well attended.

5 – Monthly talks

Dr Parkes has agreed to give a talk on Perimenopause/Menopause/HRT on the 27th April 2023 at 7pm.

This will be a 30 minute overview to avoid individual consultations and there will be a Q and A session afterwards.

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A specified clinic date will be notified for patients to make an individual appointment to discuss their symptoms.

Louis will also advertise this event.

Suggested that an appropriate PPG member was a part of every session, to encourage the people to possibly form a self help group, join the PPG. Janet volunteered for the first session. (Will produce 'script' for PPG member to say.)

Any Other Business

Janet wanted to express her thanks for the support she has received from the staff and doctors of Park Lane during her husband's illness.

The next meeting will be the AGM on 20th April 2023 at Park Lane surgery.

The meeting closed at 19:35